

**INTERNATIONAL  
DANCE  
FEDERATION  
TECHNICAL RULES  
DISCIPLINE:  
LATIN CARIBBEAN SHOW**

**TIPOLOGY:**

- **LATIN CARIBBEAN SHOW SOLO: Male & Female Together**
- **LATIN CARIBBEAN SHOW COUPLES/DUO: Two dancers: one (1) Male and one (1) Female or both Males – both Females**
- **LATIN CARIBBEAN SHOW SMALL GROUP: Between three (3) and seven (7) dancers**
- **LATIN CARIBBEAN SHOW FORMATION: Between eight (8) and twenty four (24) dancers**
- **LATIN CARIBBEAN SHOW PRODUCTION: More than twenty four (24) dancers**

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## COMMON RULES

- For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.
- Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancers who participate in Ranking Competitions that start in October will be considered with referral to the following calendar year (which means one (1) year older). Age categories are divided as follows:
  - ✓ **MINI/YOUTH:** All dancers from the age of six (6) to the age of thirteen (13) (Solo – Duo – Couple – Small Group – Formation - Production).
  - ✓ **JUNIOR/ADULT:** All dancers from the age of fourteen (14) (Solo – Duo – Couple – Small Group – Formation - Production).
- Having reached the age limit for each category, dancers pass to the older category automatically.
- The Latin Caribbean Show Sector includes the following genres:
  - ✓ **Cuban Salsa**
  - ✓ **Puertorican Salsa**
  - ✓ **Merengue**
  - ✓ **Bachata**
  - ✓ **Cha Cha Cha**
  - ✓ **Mambo**
  - ✓ **Rumba**
  - ✓ **Samba**
  - ✓ **Lambada**
  - ✓ **Paso Doble**
  - ✓ **Jive.**
- Dancers / Groups who fail to respect the rules will be subject to the following penalties:
  - ✓ **Dancers/Groups performing without their start number**
  - ✓ **Dancer's fall**Will be given five (5) points penalty.
- Competitors /groups whose:
  - ✓ **Music is over/under time limits allowed**Will be given ten (10) points penalty.
- Dancers/Groups who:
  - ✓ **Use set (stage decorations)**
  - ✓ **Use accessories and props**
  - ✓ **Execute Acrobatic Elements**
  - ✓ **Fail to appear on stage after being called for the third time**Will be classified in the last place.
- **Props which are part of the costume may be used, although they should not be taken off and put away during the performance.**
- **Dancers are not allowed to execute any acrobatic elements.** This includes elements executed in the air with **horizontal, sagittal and/or longitudinal rotation. Any irregularity in this respect will result in the dancers/group being classified in the last place.**
- Overall mark given by the Adjudicators is calculated as the sum of marks for each parameter. The parameters, in order of importance, are as follows:  
**SOLO:**
  - ✓ The parameter **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) and use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals.
  - ✓ The parameter **Interpretation** is expressed by: dancer's ability to follow the rhythm and musical melody and express them through his/her body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancer's ability to smoothly continue his/her dance after 'stop', 'pause' or other figures.
  - ✓ The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music.

**DUO/COUPLE:**

- ✓ **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals.
- ✓ **Interpretation + Synchronism** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; dancers' ability to apply adequate movements and technical elements in accordance with music; dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures as well as similarity in body movements of both dancers (legs, shoulders and upper body).
- ✓ **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music.

**SMALL GROUP/FORMATION/PRODUCTION:**

- ✓ **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals.
  - ✓ **Interpretation + Synchronism** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; dancers' ability to apply adequate movements and technical elements in accordance with music; dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures as well as similarity in body movements of all dancers (legs, shoulders and upper body) and timing and precision when executing patterns.
  - ✓ **Artistic Impression and Choreography** is expressed by: dancers' initial and final presentation (dancers' entry and exit from the dance-floor); distribution of figures and movements in accordance with dance context; use of space with its horizontals, verticals and diagonals; originality of music piece and costumes and their accordance with musical and choreographic context as well as variation of patterns.
- ⚡ All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.
- ⚡ During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, in accordance with the appropriate Competition Execution regulations.



## LATIN CARIBBEAN SHOW SOLO

(Male - Female)

- Latin Caribbean Show Solo is an individual presentation by either a male or a female dancer. Male and female dancers perform in the same category.
- Duration music pieces must be as follows:

### Own Music

#### Preliminaries – Semi-final - Final

- **Mini/Youth – Junior/Adult:** Track Duration **between 1':00" and 1':15"**

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and a final are held with only one (1) competitor performing on a dance floor at a time.
- Competition Director, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that dancers build their choreography focusing on strong dance technique, music interpretation, synchronism, expressiveness as well as fluid and elegant sequence of movements. The main evaluation criteria are: Dance Technique and Interpretation. The choreographed piece may be composed of one or more of the dance genres mentioned above in the section 'Common Rules'. It is important so dancers dance 'in time'; it means that they follow the beats or the musical melody.
- In order to present their dance technique and choreography, dancers are expected to use the whole available space.

### EVALUATION

- |                         |                                             |
|-------------------------|---------------------------------------------|
| ✓ <b>TECHNIQUE</b>      | <b>from three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b> | <b>from two (2) to twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY</b>   | <b>from one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>five (5) points</b> |
|---------------|------------------------|

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## LATIN CARIBBEAN SHOW COUPLE/DUO

(One Male and One Female or Both Males/Both Females)

- The Couple/Duo category is a category where two (2) dancers perform together and:
  - one (1) dancer is a male and the other one (1) is a female (Couple) or
  - both (2) dancers are males or both (2) dancers are females (Duo).
- If dancers represent mixed age categories (eg. one is Youth and the other one is Junior), the couple/duo must participate in the older category.
- Mini dancers are allowed to partner up and dance with Youths, Youth dancers may partner up with either Minis or Juniors, Juniors may partner up with Youths or Adults and Adults may partner up with Juniors.
- Duration music pieces must be as follows:

### Own Music

#### Preliminaries – Semi-final - Final

- **Mini/Youth – Junior/Adult:** Track Duration **between 1':15" and 1':30"**

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and a final are held with only one (1) couple/duo performing on a dance floor at a time.
- Competition Director, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that dancers build their choreography focusing on strong dance technique, music interpretation, synchronism, expressiveness as well as fluid and elegant sequence of movements. The main evaluation criteria are: Dance Technique and Interpretation. The choreographed piece may be composed of one or more of the dance genres mentioned above in the 'Common Rules' section. It is important so dancers dance 'in time'; it means that they follow the beats or the musical melody.
- In order to present their dance technique and choreography, each couple/duo is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the couple/duo being classified in the last place.**

### EVALUATION

- |                                  |                                             |
|----------------------------------|---------------------------------------------|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b> | <b>from three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>          | <b>from two (2) to twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY</b>            | <b>from one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>five (5) points</b> |
|---------------|------------------------|

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## LATIN CARIBBEAN SHOW SMALL GROUP

(Between three (3) and seven (7) dancers)

- Small Group is composed of a minimum number of three (3) and a maximum number of seven (7) dancers.
- Small Groups registered in Junior/Adult category may include dancers from younger age groups (Mini/Youth).
- All clubs are allowed to nominate more than one (1) choreographed piece.
- **Two (2) dancers are allowed to be nominated and perform in two (2) or more small groups.**
- **Two (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- **Eight (8) dancers are allowed to be nominated and perform in two (2) or more productions.**
- Duration music pieces must be as follows:

### Own Music

#### Preliminaries – Semi-final - Final

- **Mini/Youth – Junior/Adult:** Track Duration **between 2:00” and 2:30”**

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and a final are held with only one (1) small group performing on a dance floor at a time.
- Competition Director, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography focusing on strong dance technique, music interpretation, synchronism, expressiveness as well as fluid and elegant sequence of movements. The main evaluation criteria are: Dance Technique and Interpretation. The choreographed piece may be composed of one or more of the dance genres mentioned above in the 'Common Rules' section. It is important so dancers dance 'in time'; it means that they follow the beats or the musical melody.
- In order to present their dance technique and choreography, each small group is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the small group being classified in the last place.**

### EVALUATION

- ✓ **TECHNIQUE + SYNCHRONISM** from three (3) to thirty (30) points
- ✓ **INTERPRETATION** from two (2) to twenty (20) points
- ✓ **ARTISTIC IMPRESSION + CHOREOGRAPHY** from one (1) to ten (10) points

### PENALTIES

- ✓ **FALL** five (5) points

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## LATIN CARIBBEAN SHOW FORMATION

(Between eight (8) and twenty four (24) dancers)

- Formation is composed of a minimum number of eight (8) and a maximum number of twenty four (24) dancers.
- Formation registered in Junior/Adult category may include dancers from younger age groups (Mini/Youth).
- All clubs are allowed to nominate more than one (1) choreographed piece.
- All clubs are allowed to nominate more than one (1) choreographed piece.
- **Two (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- **Two (2) dancers are allowed to be nominated and perform in two (2) or more small groups.**
- **Eight (8) dancers are allowed to be nominated and perform in two (2) or more productions.**
- Duration music pieces must be as follows:

### Own Music

#### Preliminaries – Semi-final - Final

- **Mini/Youth – Junior/Adult: Track Duration between 2':30" and 4':00"**

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and a final are held with only one (1) formation performing on a dance floor at a time.
- Competition Director, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography focusing on strong dance technique, music interpretation, synchronism, expressiveness as well as fluid and elegant sequence of movements. The main evaluation criteria are: Dance Technique and Interpretation. The choreographed piece may be composed of one or more of the dance genres mentioned above in the 'Common Rules' section. It is important so dancers dance 'in time'; it means that they follow the beats or the musical melody.
- In order to present their dance technique and choreography, each formation is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the couple/duo being classified in the last place.**

### EVALUATION

- |                                             |                                             |
|---------------------------------------------|---------------------------------------------|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b>            | <b>from three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>                     | <b>from two (2) to twenty (20) points</b>   |
| ✓ <b>ARTISTIC IMPRESSION + CHOREOGRAPHY</b> | <b>from one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>five (5) points</b> |
|---------------|------------------------|

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## LATIN CARIBBEAN SHOW PRODUCTION

(More than twenty four (24) dancers)

- Production is composed of more than twenty four (24) dancers.
- Production registered in Junior/Adult category may include dancers from younger age groups (Mini/Youth).
- All clubs are allowed to nominate more than one (1) choreographed piece.
- **Two (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- **Two (2) dancers are allowed to be nominated and perform in two (2) or more small groups.**
- **Eight (8) dancers are allowed to be nominated and perform in two (2) or more productions.**
- Duration music pieces must be as follows:

### Own Music

#### Preliminaries – Semi-final - Final

- **Mini/Youth – Junior/Adult: Track Duration between 3':00" and 5':00"**

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and a final are held with only one (1) production performing on a dance floor at a time.
- Competition Director, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography focusing on strong dance technique, music interpretation, synchronism, expressiveness as well as fluid and elegant sequence of movements. The main evaluation criteria are: Dance Technique and Interpretation. The choreographed piece may be composed of one or more of the dance genres mentioned above in the 'Common Rules' section. It is important so dancers dance 'in time'; it means that they follow the beats or the musical melody.
- In order to present their dance technique and choreography, each production is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined.** Any irregularity in this respect will result in the production being classified in the last place.

### EVALUATION

- |                                             |                                             |
|---------------------------------------------|---------------------------------------------|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b>            | <b>from three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>                     | <b>from two (2) to twenty (20) points</b>   |
| ✓ <b>ARTISTIC IMPRESSION + CHOREOGRAPHY</b> | <b>from one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>five (5) points</b> |
|---------------|------------------------|

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