



**INTERNATIONAL  
DANCE  
FEDERATION  
TECHNICAL RULES  
DISCIPLINE:  
STREET DANCE SHOW**

**TYOLOGY:**

- ↘ **STREET DANCE SHOW SOLO: Male – Female**
- ↘ **STREET DANCE SHOW COUPLE: Two (2) dancers: one (1) Male and one (1) Female**
- ↘ **STREET DANCE SHOW DUO: Two (2) dancers: both Males or both Females**
- ↘ **STREET DANCE SHOW SMALL GROUP: Between three (3) and seven (7) dancers**
- ↘ **STREET DANCE SHOW FORMATION: Between eight (8) and twenty-four (24) dancers**
- ↘ **STREET DANCE SHOW PRODUCTION: More than twenty-four (24) dancers**



## COMMON RULES

- For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.
- Dancers' age is considered with referral to the calendar year (1st January - 31st December). Dancers who participate in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means one (1) year older). Age categories are divided as follows:
  - ✓ **MINI/YOUTH:** All dancers from the age of six (6) to the age of thirteen (13)(Solo – Duo – Couple – Small Groups – Formation - Production).
  - ✓ **JUNIOR/ADULT:** All dancers from the age of fourteen (14)(Solo – Duo – Couple – Small Group – Formation - Production).
- Having reached the age limit for each category, dancers pass to the older category automatically.
- Street Dance Show choreography should be based on the following dance genres:
  - ✓ **POPPING**
  - ✓ **BREAK DANCE**
  - ✓ **DANCEHALL**
  - ✓ **WAACKING**
- The choreography can also include a fusion of:
  - ✓ **HIP HOP**
  - ✓ **HOUSE**
  - ✓ **TECHNO**
  - ✓ **ELECTRO DANCE**
  - ✓ **DANCE POP**
  - ✓ **JAZZ FUNK**
  - ✓ **LOCKING**
  - ✓ **AS WELL AS OTHER STYLES/GENRES THAT BELONG TO THE MODERN DANCE CLUB OR STREET CULTURE.**
- Music piece must be in accordance with the following requirements:
  - ✓ Duration and pace limits respected for each category.
  - ✓ Visibly exposing dancers' /group: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline as well as Age and Dance Category.
- Dancers / Groups who fail to respect the rules will be subject to the following penalties:
  - ✓ **Dancers/groups performing without a start number**
  - ✓ **Dancer's Fall**  
Will be given five (5) points penalty.
- Dancers / Groups:
  - ✓ **Whose music duration is over/under the permitted time limit**
  - ✓ **Whose music pace is faster or slower than required for each category**
  - ✓ **Who invade other dancers' space while performing**Will be given ten (10) points penalty.
- Dancers/Groups who commit the following:
  - ✓ **Use set (stage decorations)**
  - ✓ **Use accessories and/or props**
  - ✓ **Fail to appear on stage after being called for the third time**  
Will be given 'the last place' classification penalty.
- Dancers are allowed to perform acrobatic and gymnastic elements, including the ones typical for Break Dance. There are no restrictions regarding the acrobatic elements executed by Junior or Adult dancers; all acrobatic elements may be performed.
- **Dancers who participate in Mini/Youth age category are allowed to perform gymnastic elements from 01 to 10 of Technical Booklet Safety Level and/or all elements/variations where a part of the body always remains in contact with the floor, without flight phase. This applies to both the Mini and the Youth dancers as the categories are joined. In the case when the rule is not respected, the dancers/groups will be classified in the last place.**
- Execution of acrobatic elements is optional and should not influence adjudication.



- Overall mark given by the Adjudicators is calculated as the sum of marks for each parameter. The parameters, in order of importance, are as follows:

**SOLO:**

- ✓ The parameter **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) and use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals.
- ✓ The parameter **Interpretation** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures.
- ✓ The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music.

**DUO/COUPLE:**

- ✓ The parameter **Technique + Synchronism** are expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control), use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals as well as similarity in body movements of both dancers (legs, shoulders and upper body).
- ✓ The parameter **Interpretation** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures.
- ✓ The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music.

**SMALL GROUP/FORMATION/PRODUCTION:**

- ✓ The parameter **Technique+ Synchronism** are expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control), use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals as well as similarity in body movements of both dancers (legs, shoulders and upper body) combined with timing and precision when executing patterns.
- ✓ The parameter **Interpretation** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures.
- ✓ The parameter **Artistic Impression and Choreography** is expressed by: dancers' initial and final presentation (dancers' entry and exit from the dance-floor); distribution of figures and movements in accordance with dance context; use of space with its horizontals, verticals and diagonals; originality of music piece and costumes and their accordance with musical and choreographic context as well as variation of patterns.
- All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.
- During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, in accordance with the appropriate Competition Execution regulations.



## **STREET DANCE SHOW SOLO** **(Male – Female)**

- Street Dance Solo is an individual presentation by either a male or a female dancer.
- Duration of music pieces must be as follows:

### **Preliminaries, Semi-finals and Final (Own Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from 1':00" to 1':15"

### **EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- There can be no more than one (1) dancer performing on a dance floor in preliminaries, semi-finals and finals.
- In the case when a dancer lacks his/her own music in a final, Federation Music will be used.
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### **CHARACTERISTICS AND MOVEMENTS**

- It is expected that dancers build their choreography and performance focusing on dance technique as well as expressiveness combined with a fluid, agile, swift, coordinated and elegant sequence of movements, and music interpretation. Both performance and costumes should be matching the music style.
- In finals, in order to present their dance technique and interpretation, a dancer is expected to use the whole available space.

### **EVALUATION**

- |                         |   |
|-------------------------|---|
| ✓ <b>TECHNIQUE</b>      | <b>From three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b> | <b>From two (2) to twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY</b>   | <b>From one (1) to ten (10) points</b>      |

### **PENALTIES**

- |               |                          |
|---------------|--------------------------|
| ✓ <b>FALL</b> | ✓ <b>Five (5) points</b> |
|---------------|--------------------------|

## **STREET DANCE SHOW COUPLE/DUO** **(One Male and One Female or Both Males/Both Females)**

- The Couple/Duo category is a category where two (2) dancers perform together and:
- one (1) dancer is a male and the other one (1) is a female (Couple) or both dancers are males or both dancers are females (Duo).
- If dancers represent mixed age categories (eg. one is Youth and the other one is Junior), the couple/duo must participate in the older category.
- **Each dancer can participate in one or more Couple/Duo but in different age Category.**
- Mini dancers are allowed to partner up and dance with Youths, Youth dancers may partner up with either Minis or Juniors, Juniors may partner up with Youths or Adults and Adults may partner up with Juniors.
- Duration of music pieces must be as follows:

### **Preliminaries, Semi-Final and Final (Own Music)**

- ✓ **MINI/YOUTH – JUNIOR/ADULT:** Track duration between 1':15" and 1':30"

### **EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-final and finals are held with only one (1) Couple/Duo performing on a dance floor at a time.
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### **CHARACTERISTICS AND MOVEMENTS**

- It is expected that dancers build their choreography and performance focusing on music interpretation, synchronism and dance technique as well as expressiveness combined with a fluid, agile, swift, coordinated and elegant sequence of movements. Both performance and costumes should be matching the music style.
- In finals, in order to present their dance technique and choreography, each couple/duo is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the couple/duo being classified in the last place.**

### **EVALUATION**

- |                                  |   |
|----------------------------------|---|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b> | <b>From three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>          | <b>From two (2) to twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY</b>            | <b>From one (1) to ten (10) points</b>      |

### **PENALTIES**

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>Five (5) points</b> |
|---------------|------------------------|

## STREET DANCE SHOW SMALL GROUP

(Between three (3) and seven (7) dancers)

- Small Group is composed of a minimum number of **three (3)** and a maximum number of **seven (7)** dancers.
- Small Groups registered in Mini/Youth – Junior/Adult categories may include dancers from younger age groups.
- All clubs are allowed to nominate more than one (1) choreographed piece in same category, so long as with different dancers.
- One or more dancers may be nominated and perform both in small groups, formations and production.
- **Dancers are allowed to be nominated and perform in two (2) or more small groups but only in different age division.**
- Duration of music pieces must be as follows:
  - **Preliminaries, Semi-finals and Final (Own Music)**
  - ✓ **MINI/YOUTH – JUNIOR/ADULT:** Track duration from 2':00" to 2':30"

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-finals and finals are held with only one (1) small group performing on a dance floor at a time.
- In the case when a small group lacks their own music in a final, Federation Music will be used.
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography and performance focusing on dance technique and synchronism, music interpretation and artistic impression plus a wide range of patterns and other choreographic solutions as well as expressiveness combined with a fluid, agile, swift, coordinated and elegant sequence of movements.
- In order to present their dance technique and choreography, each small group is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the small group being classified in the last place.**

### EVALUATION

- |   |   |
|---|---|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b>            | <b>From three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>                     | <b>From two (2) to twenty (20) points</b>   |
| ✓ <b>ARTISTIC IMPRESSION + CHOREOGRAPHY</b> | <b>From one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>Five (5) points</b> |
|---------------|------------------------|

## STREET DANCE SHOW FORMATION

(Between eight (8) and twenty-four (24) dancers)

- Formation is composed of a minimum number of **eight (8)** and a maximum number of **twenty-four (24)** dancers.
- Formation registered in Mini/Youth – Junior/Adult categories may include dancers from younger age groups.
- All clubs are allowed to nominate more than one (1) choreographed piece in same category, so long as with different dancers.
- One or more dancers may be nominated and perform both in small groups, formations and production.
- **Dancers are allowed to be nominated and perform in two (2) or more small groups but only in different age division.**
- Duration of music pieces must be as follows:

### Preliminaries, Semi-finals and Final (Own Music)

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from 2':30" to 4':00"

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-finals and finals are held with only one (1) formation performing on a dance floor at a time.
- In the case when a formation lacks their own music in a final, Federation Music will be used.
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography and performance focusing on dance technique and synchronism, music interpretation and artistic impression plus a wide range of patterns and other choreographic solutions as well as expressiveness combined with a fluid, agile, swift, coordinated and elegant sequence of movements.
- In order to present their dance technique and choreography, each formation is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the formation being classified in the last place.**

### EVALUATION

- ✓ **TECHNIQUE + SYNCHRONISM** From three (3) to thirty (30) points
- ✓ **INTERPRETATION** From two (2) to twenty (20) points
- ✓ **ARTISTIC IMPRESSION + CHOREOGRAPHY** From one (1) to ten (10) points

### PENALTIES

- ✓ **FALL** Five (5) points

## STREET DANCE SHOW PRODUCTION

(More than twenty-four (24) dancers)

- Production is composed of more than **twenty-four (24)** dancers.
- Production registered in Mini/Youth – Junior/Adult categories may include dancers from younger age groups.
- All clubs are allowed to nominate more than one (1) choreographed piece in same category, so long as with different dancers.
- One or more dancers may be nominated and perform both in small groups, formations and production.
- **Dancers are allowed to be nominated and perform in two (2) or more small groups but only in different age division.**
- Duration of music pieces must be as follows:
  - **Preliminaries, Semi-finals and Final (Own Music)**
  - ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from 3':00" to 5':00"

### EXECUTION OF COMPETITION

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.
- Preliminaries, semi-finals and finals are held with only one (1) production performing on a dance floor at a time.
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTICS AND MOVEMENTS

- It is expected that groups build their choreography and performance focusing on dance technique and synchronism, music interpretation and artistic impression plus a wide range of patterns and other choreographic solutions as well as expressiveness combined with a fluid, agile, swift, coordinated and elegant sequence of movements.
- In order to present their dance technique and choreography, each production is expected to use the whole available space.
- Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini/Youth category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head. This applies to both Mini and Youth dancers as the category is joined. Any irregularity in this respect will result in the production being classified in the last place.**

### EVALUATION

- |   |   |
|---|---|
| ✓ <b>TECHNIQUE + SYNCHRONISM</b>            | <b>From three (3) to thirty (30) points</b> |
| ✓ <b>INTERPRETATION</b>                     | <b>From two (2) to twenty (20) points</b>   |
| ✓ <b>ARTISTIC IMPRESSION + CHOREOGRAPHY</b> | <b>From one (1) to ten (10) points</b>      |

### PENALTIES

- |               |                        |
|---------------|------------------------|
| ✓ <b>FALL</b> | <b>Five (5) points</b> |
|---------------|------------------------|